

## SKIP THE TRIP!

Ask your WIC staff if you can do your next appointment from your phone! ★



# SIMPLIFY YOUR WIC EXPERIENCE: GO REMOTE!



MyNCWIC Portal  
QR Code

Remote WIC appointments opens up a world of convenience and flexibility for families. This innovative approach reduces wait times and travel, allowing you to manage your health needs from the comfort of your home.

WIC's remote appointments — empowering you to maintain your family's well-being on your schedule.

**Make your remote WIC appointment & Begin by downloading "MyNCWIC Portal" today!**

## Certification Appointment

### How to Get Ready for Your WIC Appointment:

- 1. Click on Your Upcoming Appointment:** Start by clicking on the appointment you've planned. Every patient has a unique card.
- 2. Find Out How You'll Meet:**
  - Look for a **telephone number** if it's a phone appointment.
  - Check for an **address** if it's at the clinic.
  - If it's a **telehealth appointment**, there will be a link to the "Google Meet."
- 3. Look at What You Need to Do:** After clicking on your appointment, you'll see different things you need to do to get ready:
  - **Upload Documents.**
  - **Answer Health Questions.**
  - **Read and Acknowledge Rights & Responsibilities.**
- 4. Uploading Documents:** You need to upload some important papers:
  - **Proof of Identity** for both you and your child.
  - **Proof of Residency.**
  - **Proof of Income.**
  - **Prescriptions** (if applicable for the appointment).
- 5. Answer Health Questions:** You will answer questions about:
  - **Family Health**
  - **Individual Health**
  - **Data/Labs for Individual** (can be done in clinic or by uploading documents; all measurements must be within 60 days of the appointment)
  - **Diet/Health for Individual**
  - **Family Life**
- 6. Check Your Progress:** To see how ready you are for your appointment, look at each part:
  - **Not Started** - You haven't begun this section yet.
  - **In Progress** - You're currently working on this section.
  - **Complete** - You've finished this section.

## Midyear Assessment Appointment

### How to Get Ready for Your WIC Appointment:

- 1. Click on Your Upcoming Appointment:** Start by clicking on the appointment you've planned. Every patient has a unique card.
- 2. Find Out How You'll Meet:**
  - Look for a **telephone number** if it's a phone appointment.
  - Check for an **address** if it's at the clinic.
  - If it's a **telehealth** appointment, there will be a link to the "Google Meet."
- 3. Look at What You Need to Do:** After clicking on your appointment, you'll see different things you need to do to get ready:
  - **Upload Documents.**
  - **Answer Health Questions.**
- 4. Uploading Documents:** You need to upload some important papers:
  - **Proof of Identity.**
  - **Prescriptions** (if applicable for the appointment).
- 5. Answer Health Questions:** You will answer questions about:
  - **Family Health**
  - **Individual Health**
  - **Data/Labs for Individual** (can be done in clinic or by uploading documents; all measurements must be within 60 days of the appointment)
  - **Diet/Health for Individual**
  - **Family Life**
- 6. Check Your Progress:** To see how ready you are for your appointment, look at each part:
  - **Not Started** - You haven't begun this section yet.
  - **In Progress** - You're currently working on this section.
  - **Complete** - You've finished this section.

**On day of appointment - WIC Staff will call you!**

### Additional Features of the WIC Portal:

- **Reschedule or Cancel Appointments:** Easily request to change or cancel your WIC appointments directly through the portal.
- **Add Family Members:** Update your profile by adding new family members to ensure all eligible recipients can access services.
- **Send Messages to WIC Staff:** Communicate with WIC staff through the portal for any inquiries or support needs, enhancing your ability to receive timely assistance.
- **Update Personal Information:** Conveniently update your phone number and address directly on the portal, ensuring your contact and residency details are always current.

**This institution is an equal opportunity provider.**