

DIGITAL RESOURCES

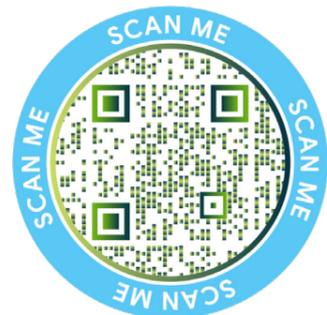
Virtual Office Based Opioid Treatment (VBOT) provides access to medication assisted treatment for an opioid use disorder via telemedicine throughout the state of North Carolina. For more information: projectvbot.com or call (838) GET-VBOT, (838) 438-8278.

FOR SUPPORT BETWEEN TREATMENT VISITS:

- **Connections App from CHES Health** provides adults 24/7 PEER support on a smartphone or I-Pad/Tablet. The app is available throughout North Carolina. Connect to a variety of support groups with other North Carolinians and work with a peer support specialist to stay on your recovery path. Scan QR code below to enroll in the app.
- **Medication Assisted Recovery Anonymous (MARA)** is an online 12-Stepish type program. Find a meeting and connect with others who are also receiving MAT while on their recovery journey. More information: www.mara-international.org.

Other helpful resources, particularly for those who want to support a family member or friend with a substance use disorder/opioid use disorder:

- **UnshameNC**, www.unshamenc.org is a website that educates on the harm of stigma on someone who is struggling with their substance use or recovery. The Resources tab has information for substance users as well as for loved ones.
- **The Substance Abuse Mental Health Services Administration (SAMHSA)**, www.samhsa.gov is a comprehensive website to find treatment and a wide array of resources.
- **Companion App from CHES Health** provides resources to help friends, family members, and caregivers of individuals with a substance use disorder and common co-occurring mental health conditions by providing them with a supportive community and various resources. Companion is a free tool accessed using a smartphone or I-Pad/ Tablet. Scan QR code below to enroll in the app.



ABOUT GVPH

GVPH is a rural Academic Health Department with the mission of protecting and promoting health in Granville and Vance counties. GVPH provides a broad range of primary care and prevention clinical services, dental services, health education, health promotion, environmental health, and overall disease and injury detection. Supporting local public health sustains economic development, education systems, community safety, and overall improvements in community resilience.

Learn more about our programs and services at www.gvph.org.

CONTACT US

Granville Vance Public Health has two health clinics, one in Granville County and one in Vance County. Call us at 919-693-2141.

GRANVILLE COUNTY

1032 College St., Building B
Oxford, NC 27565

VANCE COUNTY

115 Charles Rollins Road
Henderson, NC 27537

FOLLOW US



@GranvilleVancePublicHealth



@GranvilleVancePH



**WHEN YOU'RE READY,
WE'RE HERE FOR YOU**

**Granville & Vance Substance Use
Treatment Providers**



CRISIS SERVICES

National Suicide & Crisis Lifeline: 988 (24/7)

Local Mobile Crisis Unit: (844) 709-4097 (24/7)

VAYA's Behavioral Health Crisis Line: 1-800-849-6127 (24/7)

GRANVILLE COUNTY

Granville Vance Public Health

1032 College St., Building B, Oxford
(919) 693-2141
gvph.org/health-programs/opioid-use-disorder-resources

Rural Health Group

100 Durham Street, Stovall, NC
919-690-0815
rhgnc.org

Vision Behavioral Health

111 Hilltop Village
(Business Hwy 158), Oxford
(919) 496-7781

Spring Life Behavioral Care

109 Park Ave.,
Creedmoor, NC 27522
(919) 529-2739
springlifecare.com

VANCE COUNTY

Granville Vance Public Health

115 Charles Rollins Rd, Henderson
(252) 492-7915
gvph.org/health-programs/opioid-use-disorder-resources/

Legacy Human Services

Addiction Recovery Center for Men
Halfway House
1020 County Home Rd, Henderson

AND

Back On Track Substance Use Intensive Outpatient Program

510 Dabney Rd., Henderson
(252) 438-5667
legacyhumanservices.org

Daymark Recovery Services

943-H West Andrews Ave,
Henderson
(252) 433-0061
daymarkrecovery.org/index.php

Vance Recovery/Morse Clinic

932 W. Andrews Ave., Henderson
(252) 572-2625
Methadone Clinic
morsecclinics.com/locations/vance-recovery

Rural Health Group

100 Parkview Dr., West, Henderson
(252) 438-3549
rhgnc.org

FOLLOW US!



NOT TOO FAR...

B&D Integrated Health Services

620 Dr Calvin Jones Highway
Suite 100, Wake Forest
919-338-2191
bdintegratedhealth.com

Converting Hearts

Aiken Farm, 15033 Old Creedmoor Rd,
Wake Forest
(802) 236-4260
convertinghearts.org

Innovative Behavioral Health Services

78 Wheaton Ave, Youngsville
919-529-2474
ibhsnc.com

Lake Area Counseling Halfway House

(Freedom House Recovery Center)
519 Walker Ave., Norlina
252-456-6541
freedomhouserecovery.org

Monarch Behavioral Health Wake 3

350 Holding Ave., Wake Forest
866-272-7826
monarchnc.org

Morse Clinic of Durham, PC

4119 Capitol Street, Durham
919-294-8621
Methadone Clinic
morsecclinics.com/locations/morse-clinic-durham

Person Counseling Center

(Freedom House Recovery Center)
355 South Madison Boulevard,
Suite C, Roxboro
(336) 599-8366
freedomhouserecovery.org

KEEP DRUG USE AS SAFE AS POSSIBLE

- **Avoid using drugs alone** because nobody is there to administer Narcan if you overdose.
- **If you're using drugs alone, call 1-877-696-1996** to keep someone on the phone during use so they can call 911 on your behalf if necessary.
- **Test your drugs** to be sure they are free of Fentanyl and Xylazine.
- **Have Narcan with you.**

Need Help?

Kim McCann, Harm Reduction Outreach Worker for Granville & Vance Counties
North Carolina Harm Reduction Coalition (NCHRC)
Kim@nchrc.org or mobile: (910) 262-2496



SERVICIOS DE CRISIS

Li'nea 988 de Prevencio'n del Suicidio y Crisis – Llama, chatea o envi'a un texto al 988 (24/7)

VAYA's Li'nea de Crisis de Salud Mental – (800)-849-6127 (24/7)

RHA Tratamiento do Crisis Mo'vil – (844) 709-4097

CONSEJOS PARA CONSUMO SEGURO DE DROGAS

- **Evita consumir drogas solo**, ya que no hay nadie para administrar Narcan.
- **Si consumes drogas solo, llama al 1-877-696-1996** para que te acompañe alguien que pueda llamar al 911 en caso necesario: sin juzgar, sin avergonzar, sin sermonear, sólo con cariño.
- **Pruebe sus drogas** para asegurarse de que no contienen fentanilo ni xilazina.
- **Siempre lleva Narcan contigo.**



¿Necesitar ayuda?

Asistente para la Reducción de Daños, Condados de Granville y Vance, North Carolina Harm Reduction Coalition (NCHRC)
Email: kim@nchrc.org, móvil: (910) 262-2496 or mobile: (910) 262-2496

RECOVERY IS POSSIBLE!



¡LA RECUPERACIÓN ES POSIBLE!